

# REAL MEN GET RAPED

- In the U.S., 10% of sexual assault victims are males.
- It's hard psychologically for males to seek help because they think they should be able to protect themselves.

- *YOU ARE NOT ALONE.*
- *IT IS NOT YOUR FAULT.*
- *YOU DON'T NEED TO FEEL ANY GUILT OR SHAME.*
- *CHOOSE AN ADULT YOU TRUST AND TELL THEM ABOUT YOUR ABUSE.*

## HETEROSEXUAL MALE SURVIVORS

- They often fear the assault will make them gay.
- They often feel less masculine.

## HOMOSEXUAL MALE SURVIVORS

- Often survivors feel the crime is a punishment for their sexual orientation.
- They may feel they were targeted for being "gay."

AND TALKING ABOUT IT TAKES REAL STRENGTH